

CHOOSING AN INTERVENTION TO HELP YOUR CHILD.

QUESTIONS TO ASK BEFORE SIGNING UP



When someone suggests a new approach to try for helping with specific learning difficulties, try to find out the following:

- Exactly what will it treat?
- Does it offer an instant cure, and does it claim to be lasting? What evidence is there for these claims?
- Is the therapist credible (i.e. what qualifications to evaluate and carry out this therapy does s/he have)?
- Exactly what does the therapy entail? How long will it last?
- What is the cost - in money, time, stress etc.
- What are the possible risks?
- Evaluate the results after a fair trial, but allow for placebo effects.
- Ask how the therapy will transfer to reading improvement.
- If improvements are not occurring, check for countervailing factors before deciding to discontinue permanently.

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